

Brain Snacks...



quick thoughts to enlighten or
brighten your day (or not – your
choice...)

**365 brain snacks to get
you through most years**

**Directions: Take one snack
daily anytime you feel like it**

Gene Simmons

Brain Snacks

**Another little book with a quote for every
day of the year.**

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NuPathz

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Bringing You a New Perspective on Life!

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January

1

The most wasted of all days is one without laughter. -
e e cummings

2

You may never know what results come from your
action. But if you do nothing, there will be no result. -
Mahatma Gandhi

3

When I was a kid I used to pray every night for a new
bicycle. Then I realized that the Lord doesn't work that
way so I stole one and asked Him to forgive me. -
Emo Phillips

4

Success is figuring out what God put you on this earth
to do...And doing it. - Rhea Perry

5

Nobody can go back and start a new beginning, but anyone can start today and make a new ending. - Maria Robinson

6

I was going to buy a copy of The Power of Positive Thinking, and then I thought: What the hell good would that do? - Ronnie Shakes

7

It must be borne in mind that the tragedy of life doesn't lie in not reaching your goal. The tragedy lies in having no goal to reach. - Benjamin E. Mayes

8

Don't worry that children never listen to you. Worry that they are always watching you. – Robert Fulghum

9

Frisbeetarianism is the belief that when you die, your soul goes up on the roof and gets stuck. - George Carlin

10

A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort. – Herm Albright

11

There is no nobility in being superior to another person. True nobility lies in being superior to your previous self. – Hindu proverb

12

When I was young we used to go “skinny dipping”. Now I just “chunky dunk.” – Unknown

13

The word “aerobics” came about when the gym instructors got together and said: If we're going to charge \$10 an hour, we can't call it “*Jumping up and down*”. - Rita Rudner

14

Try? There is no try. There is only do or not do. – Yoda

January

15

The greatest of all mistakes is to do nothing because you can only do a little. Do what you can. - Sydney Smith

16

There is no exercise better for the heart than reaching down and lifting people up. - John Andrew Holmes

17

Love is the answer - but while you're waiting for the answer sex raises some pretty good questions. – Woody Allen

18

Happiness depends upon ourselves. - Aristotle

19

Men show their character in nothing more clearly than by what they think laughable. – Johann Wolfgang von Goethe

20

I know that there are people who do not love their fellow man, and I hate people like that! - Tom Lehrer

21

I signed up for an exercise class and was told to wear loose-fitting clothing. If I had any loose-fitting clothing, I wouldn't have signed up in the first place. – Unknown

22

It's hard to beat a person who never gives up. - Babe Ruth

23

Instead of loving your enemies, treat your friends a little better. - Ed Howe

24

If people knew how hard I worked at my art, they would not consider me a genius. – Michelangelo

25

That's why many fail; because they don't get started. They don't go. They don't overcome inertia. They don't begin. - W. Clement Stone

26

Arithmetic is being able to count up to twenty without taking off your shoes. - Mickey Mouse

27

You must be the change you want to see in the world. – Gandhi

28

Whoever thought up the word "Mammogram"? Every time I hear it, I think I'm supposed to put my breast in an envelope and send it to someone. - Jan King

29

I have been all things unholy; if God can work through me, He can work through anyone. - St Francis of Assisi

January

30

Never underestimate the power of very stupid people in large groups.--John Kenneth Galbraith

31

Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all. – Dale Carnegie

February

1

Anything the human mind can believe, the human mind can achieve. - Napoleon Hill

2

I take my children everywhere, but they always find their way back home. - Robert Orben

3

Depression is merely anger without enthusiasm. - Steven Wright

4

As age comes on, one source of enjoyment after another is closed, but Nature's sources never fail. Like a generous host, she offers her brimming cups in endless variety, served in a grand hall, the sky its ceiling, the mountains its walls, decorated with glorious paintings and enlivened with bands of music ever playing. - John Muir

5

A boy becomes an adult three years before his parents think he does, and about two years after he thinks he does. - Lewis B Hershey

6

Yesterday is a canceled check; tomorrow is a promissory note; today is the only cash you have—so spend it wisely. - Kay Lyons

7

One of the symptoms of an approaching nervous breakdown is the belief that one's work is terribly important. - Bertrand Russell

8

If you drink, don't drive. Don't even putt. - Dean Martin

9

Success consists of getting up just one more time than you fall. - Oliver Goldsmith

10

In answer to the question of why it happened, I offer the modest proposal that our Universe is simply one of those things which happen from time to time. – Edward P. Tryon

11

No one can make you feel inferior without your consent. – Eleanor Roosevelt

12

Thanks to the Interstate Highway System, it is now possible to travel from coast to coast without seeing anything. - Charles Kuralt

13

When you go into court you are putting your fate into the hands of twelve people who weren't smart enough to get out of jury duty. - Norm Crosby

14

A fast word about oral contraception. I asked a girl to go to bed with me, she said 'no'. – Woody Allen

15

The measure of success is not whether you have a tough problem to deal with, but whether it's the same problem you had last year. – John Foster Dulles

16

The great use for life is to spend it for something that will outlast it. - William James

17

Red meat is NOT bad for you. Now, blue-green meat, THAT'S bad for you!--Tommy Smothers

18

In politics, sincerity is everything. Once you can fake that, you've got it made. - Groucho Marx

19

If we did all the things we are capable of doing, we would literally astonish ourselves. - Thomas Edison

20

Love cures people -- both the ones who give it and the ones who receive it. - Karl A. Menninger

21

Never eat more than you can lift. – Miss Piggy

22

Beginning today, treat everyone you meet as if they were going to be dead by midnight. Extend to them all the care, kindness and understanding you can muster, and do it with no thought of any reward. Your life will never be the same again. – Og Mandino

23

Give a person a fish and you feed them for a day; teach a person to use the Internet and they won't bother you for weeks. – Unknown

24

Find something you love to do and you'll never have to work a day in your life. – Harvey Mckay

25

Many people die at twenty-five and aren't buried until they're seventy-five. – Benjamin Franklin

26

A boy can learn a lot from a dog: obedience, loyalty, and the importance of turning around three times before lying down. - Robert Benchley

27

Most folks are about as happy as they make up their minds to be. – Abraham Lincoln

28

My doctor gave me two weeks to live. I hope they're in August. – Ronnie Shakes

March

1

Life is the movie you see through your own eyes. It makes little difference what's happening out there. It's how you take it that counts. - Denis Waitley

2

Conscience is the inner voice that warns us somebody may be looking. - H. L. Mencken

3

Life isn't like a box of chocolates. It's more like a jar of jalapeno's. What you do today, might burn your butt tomorrow. – Unknown

4

Only Irish coffee provides in a single glass all four essential food groups: alcohol, caffeine, sugar and fat. - Alex Levine

5

A person of character takes as much trouble to discover what is right as the lesser men take to discover what will pay. - Confucius

6

Children are apt to live up to what you believe of them. - Lady Bird Johnson

7

Yesterday I was a dog. Today I'm a dog. Tomorrow I'll probably still be a dog. Sigh! There's so little hope for advancement. – Snoopy (Charles M. Schulz)

8

Nothing will ever be attempted if all possible objections must be first overcome. - Jules W. Lederer

9

I was so naive as a kid I used to sneak behind the barn and do nothing. - Johnny Carson

10

Nothing great in the world has ever been accomplished without passion. – Georg Wilhelm Friedrich Hegel

11

Show me a man with both feet firmly on the ground, and I'll show you a man who can't get his pants off. - Steven Wright

12

Only two things are infinite, the universe and human stupidity, and I'm not sure about the former. – Albert Einstein

13

When we long for life without difficulties, remind us that oaks grow strong in contrary winds and diamonds are made under pressure. - Peter Marshall

14

Nothing inspires forgiveness quite like revenge. - Scott Adams

15

Perseverance is a great element of success. If you knock long enough and loud enough at the gate, you are sure to wake up somebody. - Henry Wadsworth Longfellow

16

Instead of getting married again, I'm going to find a woman I don't like and just give her a house. - Rod Stewart

17

I find that the harder I work, the more luck I seem to have. – Thomas Jefferson

18

Death is caused by swallowing small amounts of saliva over a long period of time. - George Carlin

19

Waste not fresh tears over old griefs. – Euripides

20

The invention of the teenager was a mistake. Once you identify a period of life in which people get to stay out late but don't have to pay taxes - naturally, no one wants to live any other way. - Judith Martin

21

Discovery is seeing what everybody else has seen, and thinking what nobody else has thought. - Albert Szent-Gyorgi

22

There are good days and there are bad days, and this is one of them. - Lawrence Welk

23

Kindness is the language which the deaf can hear and the blind can see. - Mark Twain

24

The true measure of a man is how he treats someone who can do him absolutely no good. - Ann Landers

25

Live every day as though it is your last. Who knows?
It might be! – Alexander King

26

Laugh and the world laughs with you, snore and you
sleep alone. - Anthony Burgess

27

A woman knows all about her children. She knows
about dentist appointments, soccer games,
romances, best friends, location of friend's houses,
favorite foods, secret fears and hopes and dreams. A
man is vaguely aware of some short people living in
the house. – Matt Groening

28

Take the first step in faith. You don't have to see the
whole staircase, just take the first step. - Dr. Martin
Luther King Jr.

29

To heal your body, you must first heal your spirit. – M.
Scott Peck

30

All happy people are grateful. Ungrateful people cannot be happy. We tend to think that being unhappy leads people to complain, but it's truer to say that complaining leads to people becoming unhappy. - Dennis Prager

31

Sometimes I wonder if men and women really suit each other. Perhaps they should live next door and just visit now and then. - Katharine Hepburn

April

1

Happiness is when what you think, what you say, and what you do are in harmony. – Mahatma Gandhi

2

The best thing you can do is get good at being you. -
Dennis the Menace

3

Take time to deliberate; but when the time for action arrives, stop thinking and go in. – Andrew Jackson

4

I knew that I was an unwanted baby when I saw that my bath toys were a toaster and a radio. – Joan Rivers

5

Now that food has replaced sex in my life, I can't even get into my own pants. – Unknown

6

Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover. - Mark Twain

7

People are disturbed not by things, but by their perception of things. – Epictetus

8

My wife and I had words, but I didn't get to use mine. – Unknown

9

An ignorant person is one who doesn't know what you have just found out. - Will Rogers

10

Always listen to experts. They'll tell you what can't be done and why. Then do it. – Robert Heinlein

11

A sense of humor is part of the art of leadership, of getting along with people, of getting things done. - Dwight D. Eisenhower

12

Our perception of yesterday is the foundation for our expectations of tomorrow. – Gene Simmons

13

The only reason I have a kitchen is because it came with the house. – Unknown

14

When you have exhausted all possibilities, remember this: You haven't! - Thomas Edison

15

I never had a policy; I have just tried to do my very best each and every day. - Abraham Lincoln

16

I was always looking outside myself for strength and confidence, but it comes from within. It is there all the time. - Anna Freud

17

Dust is a protective coating for fine furniture. - Mario Burata

18

Let the early bird catch the worm. I'm going to sleep in and have sausage and eggs. – Unknown

19

Resentment is like drinking poison and waiting for the other person to die. - Carrie Fisher

20

If you want to work for world peace, go home and love your families. - Mother Teresa

21

What do people in China call their good plates? – Peter Kay

22

I don't know the key to success, but the key to failure is trying to please everybody. - Bill Cosby

23

It is difficult to produce a television documentary that is both incisive and probing when every twelve minutes one is interrupted by twelve dancing rabbits singing about toilet paper. - Rod Serling

24

When I look up into the night sky and gaze at the stars, I often wonder, “Is there intelligent life out there in the cosmos – or are they just like us?” – Unknown

25

If you hate a person, you hate something in him that is part of yourself. What isn't part of ourselves doesn't disturb us. – Hermann Hesse

26

It's never too late to be what you might have been. – George Eliot

27

Violence and smut are of course everywhere on the airwaves. You cannot turn on your television without seeing them, although sometimes you have to hunt around. – Dave Barry

28

If at first you don't succeed, you are running about average. - M. H. Alderson

29

One of the greatest discoveries a man makes, one of his great surprises, is to find he can do what he was afraid he couldn't do. - Henry Ford

April

30

The future, according to some scientists, will be exactly like the past, only far more expensive. - John Sladek

27

May

1

Acceptance of what has happened is the first step to overcoming the consequence of any misfortune. - William James

2

Money frees you from doing things you dislike. Since I dislike doing nearly everything, money is handy. - Groucho Marx

3

Seeing a murder on television... can help work off one's antagonisms. And if you haven't any antagonisms, the commercials will give you some. - Alfred Hitchcock

4

Few things are harder to put up with than the annoyance of a good example. - Mark Twain

5

A great many people think they are thinking when they are merely rearranging their prejudices. - William James

6

Speak when you are angry and you will make the best speech you will ever regret. – Ambrose Bierce

7

No matter how bad things get, you got to go on living, even if it kills you. – Sholom Aleichem

8

An economist is an expert who will know tomorrow why the things he predicted yesterday didn't happen today. - Laurence J. Peter

9

A good listener is not only popular everywhere, but after a while he gets to know something. - Wilson Mizner

10

Women and cats do what they do; there is nothing a man can do about it.-Robert Heinlein

11

Why does Sea World have a seafood restaurant?? I'm halfway through my fish burger and I realize, Oh my God.... I could be eating a slow learner. - Lynda Montgomery

12

Aristotle was famous for knowing everything. He taught that the brain exists merely to cool the blood and is not involved in the process of thinking. This is true only of certain persons. - Will Cuppy

13

Do not bite at the bait of pleasure till you know there is no hook. – Thomas Jefferson

14

Borrow money from pessimists - they don't expect it back. – Steven Wright

15

Just because something doesn't do what you planned it to do doesn't mean it's useless. - Thomas A. Edison

16

I love deadlines. I like the whooshing sound they make as they fly by. - Douglas Adams

17

Every person is the creation of himself, the image of his own thinking and believing. As individuals think and believe, so they are. - Karl Wilhelm von Humboldt

18

The older I grow the more I distrust the familiar doctrine that age brings wisdom. - H. L. Mencken

19

God is a comedian playing to an audience too afraid to laugh. – Voltaire

20

When your pet bird sees you reading the newspaper, does he wonder why you're just sitting there, staring at carpeting? – Unknown

21

Life is not a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in sideways, thoroughly used up, totally worn out, and loudly proclaiming "Wow - what a Ride!"
- Peter Sage

22

Bad times have a scientific value. These are occasions a good learner would not miss. – Ralph Waldo Emerson

23

As a housewife, I feel that if the kids are still alive when my husband gets home from work, then hey, I've done my job. - Roseanne Barr

24

A synonym is a word you use when you can't spell the word you first thought of. - Burt Bacharach

25

I have always been delighted at the prospect of a new day, a fresh try, one more start, with perhaps a bit of magic waiting somewhere behind the morning. - J.B. Priestly

26

He can compress the most words into the smallest ideas of any man I ever met. - Abraham Lincoln

27

Courage is being scared to death - but saddling up anyway. - John Wayne

28

Some mistakes are too much fun to only make once.
- Unknown

29

There is always a well-known solution to every human problem--neat, plausible, and wrong. - H. L. Mencken

30

It is better to light one small candle than to curse the darkness. – Confucius

31

Men are strange. When they wake up in the morning they want things like toast. I don't have these recipes.
– Elayne Boosler

June

1

Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza. – Dave Barry

2

Now and then it's good to pause in our pursuit of happiness and just be happy. - Guillaume Apollinaire

3

Death is one of the few things that can be done as easily lying down. The difference between sex and death is that with death you can do it alone and no one is going to make fun of you. – Woody Allen

4

You can tell a lot about a fellow's character by his way of eating jellybeans. - Ronald Reagan

5

Timing has a lot to do with the outcome of a rain dance. – Unknown

6

I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed. – Michael Jordan

7

The closest to perfection a person ever comes is when he fills out a job application form. - Stanley J. Randall

8

Nostalgia isn't what it used to be. - Peter De Vries

9

Remember that happiness is as contagious as gloom. It should be the first duty of those who are happy to let others know of their gladness. – Maurice Maeterlinck

10

Man can not live by bread alone. At the very least, it requires the addition of a little peanut butter and jelly.
– Gene Simmons

11

If God had really intended men to fly, he'd make it easier to get to the airport. - George Winters

12

Imagination is everything. It is the preview of life's coming attractions. - Albert Einstein

13

When one door closes another door opens; but we so often look so long and so regretfully upon the closed door, that we do not see the ones which open for us. - Alexander Graham Bell

14

Cats are intended to teach us that not everything in nature has a function. - Garrison Keillor

15

It doesn't matter if you try and try and try again, and fail. It does matter if you try and fail, and fail to try again. - Charles F. Kettering

16

Somebody does somethin' stupid, that's human. They don't stop when they see it's wrong, that's a fool. - Elvis Presley

17

Learning to dislike children at an early age saves a lot of expense and aggravation later in life. - Robert Byrne

18

Never let yesterday use up too much of today. - Will Rogers

19

Worry is like a rocking chair. It gives you something to do but doesn't get you anywhere. – Unknown

20

Parents were invented to make children happy by giving them something to ignore. - Ogden Nash

21

Children today are tyrants. They contradict their parents, gobble their food, and tyrannize their teachers. – Socrates

22

Prediction is very difficult, especially about the future.
- Niels Bohr

23

Little things affect little minds. - Benjamin Disraeli

24

It is not worth an intelligent man's time to be in the majority. By definition, there are already enough people to do that. - G. H. Hardy

25

The goal of all inanimate objects is to resist man and ultimately defeat him. - Russell Baker

26

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor. – Henry David Thoreau

27

Ours is a world where people don't know what they want and are willing to go through hell to get it. - Don Marquis

28

Know thyself. Don't accept your dog's admiration as conclusive evidence that you are wonderful.--Ann Landers

29

If we don't change direction soon, we'll end up where we're going. - Professor Irwin Corey

June

30

Time is an illusion. Lunchtime doubly so. - Douglas
Adams

41

July

1

Sometimes I lie awake at night, and I ask, "Where have I gone wrong?" Then a voice says to me, "This is going to take more than one night." - Charlie Brown

2

Anyone who has never made a mistake has never tried anything new. – Albert Einstein

3

Many people would sooner die than think; In fact, they do so. - Bertrand Russell

4

Defeat is simply a signal to press onward. – Helen Keller

5

There is never enough time, unless you're serving it. -
Malcolm Forbes

6

Expecting the world to treat you fairly because you
are a good person is a little like expecting the bull not
to attack you because you are a vegetarian. - Dennis
Wholey

7

Thousands of years ago cats were worshipped as
gods - cats have never forgotten this. – Unknown

8

A goal is a dream with a deadline. - Napoleon Hill

9

We are here on Earth to do good to others. What the
others are here for, I don't know. – W. H. Auden

10

If a million people say a foolish thing, it is still a foolish thing. - Jaques Anatole Thibault

11

My Mom said she learned how to swim when someone took her out in the lake and threw her off the boat. I said, 'Mom, they weren't trying to teach you how to swim. - Paula Poundstone

12

The cardiologist's diet: If it tastes good ... spit it out. – Unknown

13

The best and safest thing is to keep a balance in your life, acknowledge the great powers around us and in us. If you can do that, and live that way, you are really a wise man. – Euripides

14

Nothing lowers the level of conversation more than raising the voice. - Stanley Horowitz

15

The future is much like the present, only longer. - Dan Quisenberry

16

Why do toasters always have a setting that burns the toast to a horrible crisp no one would eat? – Peter Kay

17

I was thrown out of college for cheating on the metaphysics exam; I looked into the soul of the boy sitting next to me. – Woody Allen

18

It's not how much you have that makes people look up to you, it's who you are. - Elvis Presley

19

There will be a time when loud-mouthed, incompetent people seem to be getting the best of you. When that happens, you only have to be patient and wait for them to self-destruct. It never fails. – Richard Rybolt

20

I just had an idea that went right over my head. -
Lawrence Welk

21

Anytime you have a 50-50 chance of getting
something right, there's a 90% probability you'll get it
wrong. – Unknown

22

I don't care to belong to a club that accepts people
like me as members.- Groucho Marx

23

Success is not the key to happiness. Happiness is the
key to success. If you love what you are doing, you
will be successful. - Albert Schweitzer

24

I like long walks, especially when they are taken by
people who annoy me. - Noel Coward

25

Never fear shadows. They simply mean there's a light shining somewhere nearby. - Ruth Renkel

26

Advice for the day: If you have a lot of tension and you get a headache, do what it says on the aspirin bottle: "Take two aspirin" and "Keep away from children" – Unknown

27

Mistakes show us what we need to learn. - Peter McWilliams

28

The advantage of a bad memory is that one enjoys several times the same good things for the first time. - Friedrich Nietzsche

29

If it weren't for electricity we'd all be watching television by candlelight. - George Gobel

30

This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; philosophy is kindness. – Dalai Lama

31

If your parents never had children, chances are you won't either. - Dick Cavett

August

1

Common sense is the collection of prejudices acquired by age eighteen. - Albert Einstein

2

Camping is nature's way of promoting the motel business. – Dave Barry

3

Why does mineral water that 'has trickled through mountains for centuries' have a 'use by' date? – Peter Kay

4

Money can't buy you happiness, but it does bring you a more pleasant form of misery. - Spike Milligan

5

In the book of life's questions, the answers are not in the back. - Charles Schultz

6

You know, I spent a fortune on deodorant before I realized that people didn't like me anyway. – Unknown

7

The most erroneous stories are those we think we know best - and therefore never scrutinize or question. - Stephen Jay Gould

8

Age is strictly a case of mind over matter. If you don't mind, it doesn't matter. - Jack Benny

9

All music is folk music. I ain't never heard no horse sing a song. - Louis Armstrong

10

Those who dream by day are cognizant of many things which escape those who dream only by night. - Edgar Allan Poe

11

The smaller the monkey the more it looks like it would kill you at the first given opportunity. – Peter Kay

12

God's OK. It's his fan club that's screwed up. – Mark Casoli

13

Irrigation of the land with seawater desalinated by fusion power is ancient. It's called 'rain'. - Michael McClary

14

Be a first-rate version of yourself, not a second-rate version of someone else. - Judy Garland

15

The concept of two people living together for 25 years without a serious dispute suggests a lack of spirit only to be admired in sheep. – A.P. Herbert

16

It's kind of fun to do the impossible. - Walt Disney

17

If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around. – Unknown

18

After twelve years of therapy my psychiatrist said something that brought tears to my eyes. He said, 'No hablo ingles.' - Ronnie Shakes

19

Failure will never overtake me if my determination to succeed is strong enough. - Og Mandino

20

He hoped and prayed that there wasn't an afterlife. Then he realized there was a contradiction involved here and merely hoped that there wasn't an afterlife. - Douglas Adams

21

I think animal testing is a terrible idea; they get all nervous and give the wrong answers. – Peter Kay

22

A fellow who is always declaring he's no fool usually has his suspicions. - Wilson Mizner

23

If you think you can do something, you have a much better chance for success than if you wish you could. - Tom Kubistant

24

You can't start motoring up life's road until you get your buns in gear. – Gene Simmons

25

It's the action, not the fruit of the action, that's important. You have to do the right thing. It may not be in your power, may not be in your time, that there'll be any fruit. But that doesn't mean you stop doing the right thing. You may never know what results come from your action. But if you do nothing, there will be no result. – Gandhi

26

No man has a good enough memory to be a successful liar. – Abraham Lincoln

27

I am always doing that which I cannot do, in order that I may learn how to do it. - Pablo Picasso

28

What happens in the mind of man is always reflected in the disease of his body. - René Dubos

29

Television enables you to be entertained in your home by people you wouldn't have in your home. - David Frost

30

Scientists now believe that the primary biological function of breasts is to make males stupid. – Dave Barry

31

People usually consider walking on water or in thin air a miracle. But I think the real miracle is not to walk either on water or in thin air, but to walk on earth. Every day we are engaged in a miracle which we don't even recognize: a blue sky, white clouds, green leaves, the black, curious eyes of a child -- our own two eyes. All is a miracle. - Thich Nhat Hanh

September

1

To invent, you need a good imagination and a pile of junk. - Thomas Edison

2

Treat people as if they were what they ought to be and you will help them become what they are capable of becoming. - Johann Von Goethe

3

Women like silent men, they think they're listening. - George Carlin

4

I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived. - Henry David Thoreau

5

Never play peek-a-boo with a child on a long plane trip. There's no end to the game. Finally I grabbed him by the bib and said, "Look – it's always gonna be me. – Rita Rudner

6

I had such an inferiority complex as a kid that even my imaginary playmate was ashamed to hang around with me. – Unknown

7

The way I see it, if you want the rainbow you gotta put up with the rain. – Dolly Parton

8

Change your thoughts and you change your world. – Norman Vincent Peale

9

Boys will be boys, and so will a lot of middle-aged men. - Kin Hubbard

10

I once had a rose named after me and I was very flattered. But I was not pleased to read the description in the catalogue: "No good in a bed, but fine up against a wall". - Eleanor Roosevelt

11

The trouble with jogging is that the ice falls out of your glass. - Martin Mull

12

A rut is just a grave with both ends kicked out. It's not a good place to be. – Unknown

13

Sometimes the answer to prayer is not that it changes life, but that it changes you. – James Dillet Freeman

14

Every person has the ability to improve the life of someone else. – Guy Kawasaki

15

An ounce of action is worth a ton of good intentions. -
Michael Josephson

16

I have a rock garden. Last week three of them died. -
Richard Diran

17

Marriage has no guarantees. If that's what you're
looking for, go live with a car battery. - Erma Bombeck

18

My circumstances do not make me what I am, they
reveal who I have chosen to be. - Dr. Wayne Dyer

19

I go from stool to stool in singles bars hoping to get
lucky, but there's never any gum under any of them. -
Emo Phillips

20

In Hollywood a marriage is a success if it outlasts milk. - Rita Rudner

21

I assume full responsibility for my actions, except the ones that are someone else's fault. – Unknown

22

Even very young children need to be informed about dying. Explain the concept of death very carefully to your child. This will make threatening him with it much more effective. – P.J. O'Rourke

23

If we are to reach real peace in this world ... we shall have to begin with the children. - Mohandas Gandhi

24

There are two great days in a person's life -- the day we are born and the day we discover why. - William Barclay

25

Cogito cogito ergo cogito sum (I think that I think, therefore I think that I am.) - Ambrose Bierce

26

The best car safety device is a rear-view mirror with a cop in it. - Dudley Moore

27

Everyone and everything around you is your teacher.
– Ken Keyes, Jr.

28

If it weren't for Philo T. Farnsworth, inventor of television, we'd still be eating frozen radio dinners. – Johnny Carson

29

Success means having the courage, the determination, and the will to become the person you believe you were meant to be. - George Sheehan

30

You know your children are growing up when they stop asking you where they came from and refuse to tell you where they're going – P.J. O'Rourke

October

1

I wonder if other dogs think poodles are members of a weird religious cult. - Rita Rudner

2

One of the keys to happiness is a bad memory. - Rita Mae Brown

3

The value of an idea lies in the using of it. - Thomas Edison

4

My therapist told me the way to achieve true inner peace is to finish what I start. So far today, I have finished 2 bags of M and M's and a chocolate cake. I feel better already. – Dave Barry

5

Half of being smart is knowing what you are dumb about. - Solomon Short

6

Are you going to come quietly, or do I have to use earplugs? - Spike Milligan

7

Making money is a hobby that will complement any other hobbies you have, beautifully. – Scott Alexander

8

Slow down and enjoy life. It's not only the scenery you miss by going too fast, you also miss the sense of where you are going and why. - Eddie Cantor

9

The most beautiful thing we can experience is the mysterious. It is the source of all art and science. – Albert Einstein

10

I'm not a real movie star. I've still got the same wife I started out with twenty-eight years ago. - Will Rogers

11

I know God will not give me anything I can't handle. I just wish that He didn't trust me so much. - Mother Theresa

12

The great enemy of the truth is very often not the lie - deliberate, contrived, and dishonest, but the myth - persistent, persuasive and realistic. - John F. Kennedy

13

I don't know why people question the academic training of an athlete. Fifty percent of the doctors in the country graduated in the bottom half of their classes. - Al McGuire

14

We don't stop playing because we grow old; we grow old because we stop playing. - George Bernard Shaw

15

Better to remain silent and be thought a fool than to speak out and remove all doubt. – Abraham Lincoln

16

Never kick a fresh cow pie on a hot day. - Harry S. Truman

17

Computers can figure out all kinds of problems, except the things in the world that just don't add up. - James Magary

18

Never continue in a job you don't enjoy. If you're happy in what you're doing, you'll like yourself, you'll have inner peace. And if you have that, along with physical health, you will have had more success than you could possibly have imagined. - Johnny Carson

19

Outside of a dog, a book is man's best friend. Inside of a dog, it's too dark to read. – Groucho Marx

20

The naked truth is always better than the best dressed lie. – Ann Landers

21

My favorite thing about the Internet is that you get to go into the private world of real creeps without having to smell them. - Penn Jillette

22

Don't use a big word where a diminutive one will suffice. – Unknown

23

Is it my imagination, or do buffalo wings taste like chicken? - Steven Wright

24

My husband and I are either going to buy a dog or have a child. We can't decide whether to ruin our carpet or ruin our lives. - Rita Rudner

25

One thing they never tell you about child raising is that for the rest of your life, at the drop of a hat, you are expected to know your child's name and how old he or she is. – Erma Bombeck

26

If a person owns a piece of land do they own it all the way down to the core of the earth? – Peter Kay

27

As you journey through life take a minute every now and then to give a thought for the other fellow. He could be plotting something. - Hagar the Horrible

28

The green Bay Packers never lost a football game. They just ran out of time. - Vince Lombardi

29

Forgive him, for he believes that the customs of his tribe are the laws of nature! - George Bernard Shaw

30

Every adversity, every failure, every heartache carries with it the seed of an equivalent or greater benefit. – Napoleon Hill

31

Maybe it's true that life begins at fifty, but everything else starts to wear out, fall out, or spread out. - Phyllis Diller

November

1

When someone tells you something defies description, you can be pretty sure he's going to have a go at it anyway. - Clyde B. Aster

2

The important thing is not to stop questioning. Curiosity has its own reasons for existing. One cannot help but be in awe when he contemplates the mysteries of eternity, of life, of the marvelous structure of reality. It is enough if one tries to comprehend a little of this mystery every day. Never lose a holy curiosity. - Albert Einstein

3

With just a little effort, life can be more or less exceptionally tolerable. – Gene Simmons

4

Until I was thirteen, I thought my name was 'shut up'. - Joe Namath

5

I think the world is run by 'C' students. - Al McGuire

6

At a formal dinner party, the person nearest death should always be seated closest to the bathroom. - George Carlin

7

If there were no God, there would be no atheists. – Gilbert K. Chesterton

8

Anything worth doing is worth doing poorly - until you can learn to do it well. – Steve Brown

9

On performance: Do your best, then don't worry about it! - Kent Krive

10

I do not feel obliged to believe that the same God who has endowed us with sense, reason, and intellect has intended us to forgo their use. - Galileo Galilei

11

Don't you wish there were a control on the TV to turn up the intelligence? There's one marked 'Brightness,' but it doesn't work. – Gallagher

12

Tact is the ability to describe others as they see themselves. - Abraham Lincoln

13

If you let your head get too big, it'll break your neck. - Elvis Presley

14

Everyone thinks of changing the world, but no one thinks of changing himself. - Leo Tolstoy

15

You can't make footprints in the sands of time by sitting on your tush. – Unknown

16

A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles. - Christopher Reeves

17

Look for the ridiculous in everything, and you will find it. - Jules Renard

18

There are two types of people--those who come into a room and say, "Well, here I am!" and those who come in and say, "Ah, there you are." - Frederick L Collins

19

Only those who risk going too far can possibly find out how far one can go. – T. S. Eliot

20

Reality is the leading cause of stress among those in touch with it. – Unknown

21

If you want a place in the sun, you've got to expect a few blisters. - Abigail Van Buren

22

Cats are smarter than dogs. You can't get eight cats to pull a sled through snow. - Jeff Valdez

23

I can't change the direction of the wind, but I can adjust my sails to always reach my destination. - Jimmy Dean

24

A verbal contract isn't worth the paper it's written on. - Samuel Goldwyn

25

Every bloke has at some stage while taking a pee flushed half way through and then raced against the flush. – Peter Kay

26

Never forget that only dead fish swim with the stream.
- Malcolm Muggeridge

27

Everything that irritates us about others can lead us to an understanding of ourselves. - Carl Jung

28

My wife was afraid of the dark, saw me naked, and now she's afraid of the light. – Rodney Dangerfield

29

I was thinking about how people seem to read the Bible a whole lot more as they get older then it dawned on me ... they were cramming for their finals. As for me, I'm just hoping God grades on the curve. - Peter Sage

November

30

Wouldn't you know it...Brain cells come and brain cells go, but FAT cells live forever. – Unknown

December

1

Success is a lousy teacher. It seduces smart people into thinking they can't lose. – Bill Gates

2

If a man empties his purse into his head, no man can take it away from him. An investment in knowledge always pays the best interest. – Benjamin Franklin

3

The soul without imagination is what an observatory would be without a telescope. - Henry Ward Beecher

4

I will not eat oysters. I want my food dead. Not sick. Not wounded. Dead. – Woody Allen

5

The problem with the designated driver program, it's not a desirable job, but if you ever get sucked into doing it, have fun with it. At the end of the night, drop them off at the wrong house. - Jeff Foxworthy

6

I find television very educating. Every time somebody turns on the set, I go into the other room and read a book. - Groucho Marx

7

Employ your time in improving yourself by other men's writings so that you shall come easily by what others have labored hard for. – Socrates

8

No matter what your past has been, you have a spotless future. - Unknown

9

It is well to remember that the entire universe, with one trifling exception, is composed of others. - John Andrews Holmes

10

If you think you are too small to be effective, you have never been in bed with a mosquito. - Betty Reese

11

Politics is not a bad profession. If you succeed there are many rewards, if you disgrace yourself you can always write a book. - Ronald Reagan

12

God made man before woman so as to give him time to think of an answer for her first question. – Unknown

13

A conscience is what hurts when all your other parts feel so good. - Steven Wright

14

People seem not to see that their opinion of the world is also a confession of character. – Ralph Waldo Emerson

15

There's too much tendency to attribute to God the evils that man does of his own free will. – Agatha Christie

16

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty. – Sir Winston Churchill

17

Lawyers, I suppose, were children once. - Charles Lamb

18

When you're finished changing, you're finished. – Benjamin Franklin

19

Weather forecast for tonight: dark. Continued dark overnight, with widely scattered light by morning. - George Carlin

20

Is sloppiness in speech caused by ignorance or apathy? I don't know and I don't care. - William Safire

21

The earth is like a spaceship that didn't come with an operating manual. - Buckminster Fuller

22

I never hated a man enough to give his diamonds back. - Zsa Zsa Gabor

23

Our attitude toward life determines life's attitude towards us. - Earl Nightingale

24

Our job is to leave the world a little better than we found it. Not the same... not worse... better. – Gene Simmons

25

Santa Claus has the right idea - visit people only once a year. - Victor Borge

26

Trust your hunches. They're usually based on facts filed away just below the conscious level. – Dr. Joyce Brothers

27

A study in the Washington Post says that women have better verbal skills than men. I just want to say to the authors of that study: "Duh." - Conan O'Brien

28

Always do right; this will gratify some people and astonish the rest.--Mark Twain

29

When I die, I want to die like my grandfather-who died peacefully in his sleep. Not screaming like all the passengers in his car. – Unknown

30

Thinking is the hardest work there is, which is probably the reason so few engage in it. - Henry Ford

31

Courage is never to let your actions be influenced by your fears. – Arthur Koestler

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